

FEEDING TAMPA BAY MOSAIC VOLUNTEER CENTER INSTRUCTIONS AND GUIDELINES

BEFORE YOU GO



QUALIFICATIONS

- > ability to lift up to 40 pounds
- > ability to meet physical demands like stand, lift, push, pull, and bend

Volunteers can prepare to inspect, sort and package food and non-food items, and assist with various projects that may arise.

In the event that a volunteer is unable to lift certain weights or needs to participate in a different activity, please contact Edelyn Consoro in advance to ensure alternate projects are available.



LIABILITY WAIVERS

Each volunteer MUST complete the LIABILITY WAIVER in order to volunteer at Feeding Tampa Bay. Parents of youth under 18 years old must complete one waiver on behalf of their participating youth.



DRESS CODE

Our warehouse does have fans, however it is very warm and volunteers can expect to sweat.

- > **Shoes:** MUST wear closed-toe shoes (i.e. sneakers)
***Volunteers wearing open-toe shoes will NOT be allowed to volunteer.**
- > **Tops:** shirts with sleeves (no tank-tops)
- > **Bottoms:** jeans or shorts of appropriate length (shorts should reach finger tips with arms hanging naturally by side)

PLEASE NOTE: We are a working warehouse so the dress code is set to ensure warehouse safety. The dress code is strictly enforced.



Volunteers must be at least 5 years old, and are only permitted to volunteer with a parent or guardian actively participating through age 16. All volunteers 16 years and older can participate without the supervision of a parent/guardian. If you are under 18, a parent or guardian must sign your Volunteer Waiver. School/youth groups require 1 adult for every 5 youth.



LOCATION

Tampa Distribution Center
4702 Transport Drive, Bldg 6
Tampa, FL 33605

ARRIVING



PARKING

Parking spaces are located on both sides of the central parking row in front of the FTB building. Please **DO NOT** park in areas marked with traffic cones or in the handicap spaces directly in front of our building unless you have a handicap permit. If you park across from our lot, your vehicle may be towed. Please carpool if possible.

PLEASE ARRIVE AT LEAST 10 MINUTES BEFORE YOUR SHIFT

See attached Driving Directions for assistance. Please prepare for traffic & train delays.

- > There are two entrances to our facility. As you approach the building, please enter the **RIGHT** side door of our facility (with steps and branded with Feeding Tampa Bay logo, not the ramp).
- > Make a right once inside the front door. The **VOLUNTEER SIGN-IN STATION** will be around the corner on the left.
- > Please fill out the **VOLUNTEER SIGN-IN SHEET** on the tablet completely.
- > Please fill out a **NAME TAG**.
- > Please head straight back to our **COMMUNITY ROOM** next to the Winn Dixie Charity Market near the back of our warehouse to wait for orientation from Feeding Tampa Bay Staff at the volunteer start time.

If you arrive early, please follow the steps above and wait in the Community Room for orientation. If you arrive late, please follow the steps above and proceed to the Mosaic Volunteer Center.

ONCE YOU'VE CHECKED IN

FOOD & DRINK

Feeding Tampa Bay provides all volunteers bottled water and offer snack and drink vending machines on site for purchase inside the Community Room. If group leaders would like to bring additional snacks/drinks, please contact Edelyn in advance to ensure we have enough cooler space.



SAFETY



- > volunteers must keep all food and drink inside the Community Room
- > volunteers may not chew gum while participating in activities within the warehouse
- > volunteers **MUST** wear closed-toe shoes
- > volunteers **CANNOT** run or get on warehouse equipment

First aid kits are available on site. Any injuries must be reported to Feeding Tampa Bay Staff.

THANK YOU FOR BEING A HUNGER HERO!

For any questions, please contact Volunteer Coordinator, Edelyn Consoro at 813-254-1190x227 or econsoro@feedingtampabay.org.